

Memo from the Nurses Office Regarding Sports Physicals

For all parents/guardians of 6-8th grade children who plan on participating in sports at CKRS next year: we have just been notified of some changes to the sports physical forms for next year. These changes go into effect as of **July 1, 2024** and comply with NJ Law and the New Jersey Department of Education.

The Physical Examination Form (sports physical form) and the Health History Form are no longer to be submitted to the school. They are to be filled out and kept by the provider who completes the examination. **A Medical Eligibility Form** is to be **completed by the provider** and **submitted to the school**. This form **must be in ORIGINAL FORM**, no emailed or photocopies will be accepted.

If your student's Physical Examination was completed over 90 days prior to the first day of practice a Health History Update Questionnaire is still required to be filled out by the parent or guardian and submitted to the school.

Physical Examinations are valid for 365 days and must be current on the first day of practice. Please be aware that the physical exams are based on the date the exam was completed, NOT the date the form was completed by the physician/provider.

***Please note any current physicals that were turned in before July 1, 2024 will be accepted. After July 1st, we will only be accepting the Medical Eligibility Form. All new forms are attached to this email and will be placed on the CKRS website as well as Family ID. Any questions please email nursesoffice@ckrs.org

Thank you and enjoy your summer!